



Epping Heights Public School

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Quality education in a caring environment

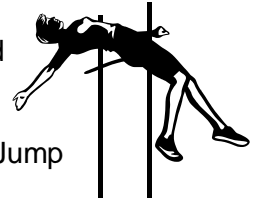
10 May 2010

3-6 Athletics Field Events

We are beginning trials for field events for students in Years 3-6. 8 year olds in Year 2 can also participate if they already have participated in long jump, high jump or shot put activities with Little Athletics outside of school.

High Jump

High jump is an event that can be dangerous if not supervised by a trained instructor. In order to provide the students at our school with the safest opportunities as possible, the school will be covering the cost of a qualified coach from Little Athletics. The High Jump training will occur on 17th May. The High Jump Trials will be held on the 31st of May on the back oval.



Shot Put

On the 16th of May a qualified coach from Little Athletics will be running the Shot Put training session. The Shot Put Trials will be held on 30th May on the back oval. The school will be covering the cost of a qualified coach from Little Athletics.

Long Jump

Teachers will be running the Long Jump Trials with their classes as we have done in previous years as part of the field events for our athletics carnival. These trials will take place throughout the term contingent on the weather.

The students will at all times be accompanied by a teacher. Please ensure your child wears sports uniform on these days.

Heather Gerard
Sports Coordinator

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Field Events Participation

Please return to **your class teacher** by Friday 13 May



I give permission for my child of class
to participate in the high jump, shot put and long jump sessions.

I understand that these trials will be conducted by a Little Athletics coach and that a teacher will be present.

Signed Date
(parent/guardian)