



Epping Heights Public School

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Quality education in a caring environment

10 May 2011

Life Education NSW will be visiting our school on Thursday 19 May – Wednesday 25 May 2011

Here is a brief outline of the programs that will be seen by the children:

- Kindergarten - Harold's Surprise: Healthy food choices, importance of physical activity, safety.
- Stage 1 - Harold's Mystery Tour and Harold's Heroes: Body workings, passive smoking, safety, decision making.
- Stage 2 - Harold's Diary and Mind your Medicine: Friendship, resilience, healthy food choices, and physical activity. As well as, consequences of medicinal misuse, peer influence and effective communication.
- Stage 3 - The Burning Issue and News about Booze: Don't Blow It – Smoking, passive smoking, peer influence and refusal skills. Consequences of alcohol use, harm minimalisation, stay safe situations and refusal skills.

The programs address many of the components and objectives within the NSW PDHPE curriculum.

The charge for this activity will be included on the Term 2 Invoice (\$9).

A Parent Session will be held on Wednesday 25 May at 2.00pm

✂

LIFE EDUCATION

(Please complete and return this form to the **class teacher by Friday 13 May**)

I give permission for my child of class
to attend the Life Education program.

I agree to include payment for this in my Term 2 Invoice (please tick)

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Signature of Parent/Caregiver

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Date